

FOOD PANTRIES AND PROGRAMS RESOURCES

The following resources are located within the St. Louis region and provide food assistance. If you or someone you love are in need of assistance, please use this resource as a guide to a number of area resources.

CENTRAL REFORM CONGREGATION

5020 Waterman Blvd, St. Louis, MO 63108

- Clothing and food pantry distribution
- Call 314-361-3919 for assistance

CHURCH PANTRIES HOTLINE

- Hotline connecting you to your closest church food pantry
- Call 211 for assistance

FOOD OUTREACH

3117 Olive St, St. Louis, MO 63103

- Nutritional support for people living with HIV/AIDS or cancer in the St. Louis region
- Call 314-652-3663 for assistance

EMERGENCY FOOD STAMPS/SNAP

3101 Chouteau Ave, 4411 N Newstead Ave

- Apply for emergency food stamps or regular food stamps at locations listed
- Call 314-256-7000 (Chouteau) or 314-877-2000 (Newstead) for assistance

GRACE AND PEACE FELLOWSHIP

622 Clara Ave, St. Louis, MO 63112

- Food pantry distribution
- Call 314-367-8959 to confirm hours

PEOPLE'S CENTER - COOK ELEMENTARY

5935 Horton Pl, St. Louis, MO 63112

- Food pantry distribution
- Call 314-862-6270 to confirm hours

ST. LOUIS DREAM CENTER

4323 Margaretta Ave, St. Louis, MO 63115

- Food pantry and soup kitchen
- Call 314-381-0700 to confirm hours

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ST. LOUIS MUTUAL AID

- Food distribution and assistance with many other resources
- Visit <https://stlmutualaid.org/> or call 314-925-0125

